



PRACTICE CLOSURE INFORMATION & IMPORTANT DATES

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After much reflection and 17 years in naturopathic practice, I have decided that this is the right time to bring this chapter to a close.

InVersa Health will close on December 31, 2026.

My final patient appointment day is currently planned for **November 24, 2026**. The remaining weeks will be used to complete the administrative work required to close the practice.

Effective **September 4, 2026**, new patient applications and online initial-visit bookings are no longer being accepted.

A detailed practice closure notice was sent to patients by email on **September 4, 2026**. Please check your inbox and your spam or junk folder for this important information. If you cannot locate the email, please [contact us](#) for assistance.

WRAPPING UP YOUR CARE AT INVERSA HEALTH

APPOINTMENTS

- Appointments for current patients are available until **November 24** and may be booked through the [online booking system](#). It is recommended that you book early to obtain your preferred time.
- For help booking an appointment, please call **705-450-6410** or [email us](#).

LABORATORY TESTING

- If you need routine laboratory requisitions before the practice closes, please request them by **November 3**.
- Please complete laboratory testing at LifeLabs by **November 13**. This will allow time for results to be received and reviewed. Testing that cannot be completed by this date may need to be arranged with your next healthcare provider.

YOUR NATUROPATHIC TREATMENT PLANS

- Your treatment plans contain the recommendations provided to you during your care.
- If you use the Practice Better Patient Portal and would like to keep copies of your treatment plans and/or laboratory reports for future reference, please download them from the [Practice Better Patient Portal](#) by **December 1**. Access to the portal will end permanently after December 31.
- Downloading your treatment plans and/or laboratory reports is optional and is only for your own future reference.
- These documents do not represent your complete patient record, which will remain securely retained in accordance with applicable requirements.

FULLSCRIPT SUPPLEMENT ORDERS

- You may continue placing orders through the InVersa Health Fullscript dispensary until **December 1**.
- After that date, please work with another healthcare provider for any ongoing supplement recommendations or orders.

RECEIPTS

- Receipts are emailed after each appointment. If you cannot locate a receipt and need a replacement copy, please [email us](#) by **December 1** so it can be provided before the practice closes.

CONTINUING YOUR NATUROPATHIC CARE

You are welcome to begin care with another naturopathic doctor at any time. You may search for another naturopathic doctor using either of the following directories:

- [Ontario Association of Naturopathic Doctors directory](#)
- [Canadian Association of Naturopathic Doctors directory](#)

DO I NEED TO REQUEST MY COMPLETE PATIENT RECORD?

Your patient record will continue to be maintained securely in accordance with Ontario privacy laws and professional record-keeping requirements. **No action is required** unless you or a future healthcare provider needs information from it.

A **treatment plan** is the document shared with you that contains the recommendations provided during your care. If you use the [Practice Better Patient Portal](#), **you may download any available treatment plans and/or laboratory reports** by December 1 as described above. If you begin care with another healthcare provider, you may choose to share these documents first.

Your complete patient record is broader and may also include intake forms, clinical notes, correspondence, laboratory reports, treatment plans and other documentation related to your care. You and your new provider can then decide whether other specific information from your InVersa Health patient record would be helpful. If needed, you may request a copy of your record or have it transferred to another healthcare provider by [contacting us](#). A reasonable fee may apply for preparing and providing records, and we will confirm any applicable fee with you before processing your request.

IF YOU RECEIVED R.Ac. ACUPUNCTURE CARE

I am no longer providing Registered Acupuncturist (R.Ac.) care.

- Acupuncture records will continue to be maintained securely in accordance with applicable Ontario privacy laws and professional record-keeping requirements.
- You may use the record-request instructions above to request a copy or transfer of these records.
- View the [list of practitioners offering acupuncture in Sault Ste. Marie](#).

IMPORTANT DATES

November 3: Please request routine laboratory requisitions by this date.

November 13: Last date to complete laboratory testing at LifeLabs.

November 24: Final patient appointment day.

December 1:

- Deadline for submitting a record copy or transfer request if you would like it processed before the practice closes.
- Final date to place orders through the Fullscript dispensary.
- Please download any treatment plans and/or laboratory reports you would like to keep by this date.
- Please request any replacement copies of receipts by this date if you would like them provided before the practice closes.

December 31:

- End of access to the Practice Better Patient Portal.
- InVersa Health practice closure date.

THANK YOU

It has been a privilege to support you over the years. My time with patients has always been a deeply meaningful and rewarding part of my work.

Thank you for the trust you have placed in me and for allowing me to be part of your health journey. I am sincerely grateful for the time we have shared.

With heartfelt gratitude,

Dr. Tara Guzzo, N.D., R.Ac. (Inactive)